Personal Survival Techniques Refresher
STCW A-VI/1-1

SCOPE:
The Personal Survival Techniques Refresher course has been designed to meet the requirements of the STCW Convention 1978, as amended, Table A-VI/1-1.

OBJECTIVE:
Those who successfully complete this course receive an essential update to their theoretical knowledge and practical skills on how to perform an emergency abandonment with or without a life raft.

COURSE CONTENT:
- Life rafts types and content. Lifeboat handling;
- Lifejackets, survival suits use and donning;
- Flares and other emergency beacons;
- Hypothermia;
- Practical: abandonment, individual and group entry;
- Practical: righting a capsized raft;
- Practical: rescue and survival techniques without a life raft;

DURATION:
1 day (9h-17h30)

COURSE DATES:
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Date</th>
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<tbody>
<tr>
<td>PSTR20200914</td>
<td>14 September 2020</td>
</tr>
<tr>
<td>PSTR20201022</td>
<td>22 October 2020</td>
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<tr>
<td>PSTR20201113</td>
<td>13 November 2020</td>
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</tbody>
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PRICE:
300 EUR
(including course material, certificate, lunch, coffee and water)

PREREQUISITES:
STCW Personal Survival Techniques

CONTACT:
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